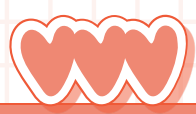




GIST's 2nd Student Restaurant Weekly Meal Table



	02-14 MoN	02-15 TUE	02-16 WED	02-17 THU	02-18 FRI	02-12 SAT	02-13 SUN
b r e a k f a s t	bean sprout soup White rice * Seasoned laver rice 10	Shrimp seaweed soup9 White rice * Kimchi Tuna fried rice 10	Kimchi tofu soup 5 White rice * Shrimp meat fried rice9.10	Soybean Paste Soup 5 White rice * Pork soy sauce rice	Udon soup 5 White rice * Ham vegetable fried rice10	Udon soup Black rice	Shrimp seaweed soup 9 Black rice
	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1
	Grilled spam 10	Grilled chicken 15	Boiled sausage quail eggs 1.10	Boiled pork balls and teriyaki 10	Hamburger chop steak10	Grilled spam10	Stir-fried ham and mushroom 10
	Braised spicy potatoes	Blanched broccoli	Grilled tofu 5	Stir-fried fish cake and vegetables	Cabbage greens	Vegetable croquette	Braised meatballs 10
	Pickled chili peppers	laver	Pickled cucumber	Ssam kelp	Pickled garlic stems	Pickled radish bean paste greens	Braised beans
	Vegetable salad	Vegetable salad	Vegetable salad	Vegetable salad	Vegetable salad	Vegetable salad	Vegetable salad
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
	Cereal * Milk 2.6 Toast * Jam 2	Cereal * Milk 2.6 Toast * Jam 2	Cereal * Milk 2.6 Toast * Jam 2	Cereal * Milk 2.6 Toast * Jam 2	Cereal * Milk 2.6 Toast * Jam 2	Cereal * Milk 2.6 ToaSt * Jam 2	Cereal * Milk 2.6 ToaSt * Jam 2
l u n c h e a r n e r y	Black rice bean sprout soup Barbecue pork chop 10	Black rice Shrimp seaweed soup9 Mapa Tofu 5.10	Black rice Kimchi tofu soup 5 Chicken stew 15	Black rice Soybean Paste Soup 5 Red pepper pork bulgogi 10	Black rice Pork back bone soup 10 Boiled Pork quail eggs 1.10	Black rice Udon soup Pork cutlet 10	Black rice Shrimp seaweed soup 9 Braised Spicy Chicken 15
	Kimchi pancake	Fish cutlets	Fried sweet potatoes	Fish cake tteokbokki	Korean style meatball 10	Braised shrimp with radish 9	Kimchi pancake
	Seasoned dried fish	Seasoned bean sprouts	Braised beans	Bean sprouts, crab mustard	laver	Bean sprouts, crab mustard	Stir-fried fish cake
	Konjac Mustard Salad	Pickled radish	Pickled perilla leaves	radish greens	Pickled chili peppers	Seasoned chicory citron salad	Fresh young radish kimchi
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
	crispy rice crust	lemon tea	crispy rice crust	lemon tea	crispy rice crust		
k i d n e r y	Hot stone pot flying fish roe rice hot dog 10	Chicken noodles 15 Handmade meat dumpling 10	Hamburger omurice 10 Grill sausage 10	Cheese ramen 6 fried tofu sushi	Pork cutlet * Cream soup 10 Morning bread 6		
	D i n n e r y	Black rice Spicy Sausage Stew 6.10	Black rice Beef bone rice cake dumpling soup 10	Black rice Fish cake spicy soup	Black rice Udon soup 5	Black rice Shrimp seaweed soup9	Black rice Soybean Paste Soup
Chicken nuggets 15		Stir-fried pork and kimchi 10	Braised pork balls with soy sauce 10	Black bean sauce 10	Andong braised chicken 15	Hamburg steak 10	Sweet and sour pork 10
Braised tofu 5		Noodles 6	Sausage fusili pasta 10	Chicken cutlet Yuringi 15	Vegetable croquette	Mixed vegetables noodles	Steamed eggs and vegetables 1
Stir-fried seaweed stem		Stir-fried fish cake and vegetables	Stir-fried seaweed stem	Tuna braised tofu 5	Seasoned bean sprouts	Spinach greens	Braised shrimp with radish 9
Pickled garlic stems cabbage kimchi		Ssam kelp cabbage kimchi	Fresh kimchi with young radish paste cabbage kimchi	Pickled radish cabbage kimchi	Seasoned dried radish cabbage kimchi	Pickled garlic stems cabbage kimchi	Lettuce fresh kimchi cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.계란류egg 2.우유Milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulphite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (국, 전분, 훈합 등) 19. 잣pine nut

