



	08월 15일	08월 16일	08월 17일	08월 18일	08월 19일	08월 20일	08월 21일
Breakfast	Tofu soup	Soybean Paste Soup	Spicy bean sprout soup	Udon soup	Seaweed soup	Kimchi soup	bean sprout soup
	Black rice	White ric*Curry fried rice lo	White rice * Oyster sauce fried rice lo	White rice*Vegetable ham and rice lo	White rice* Pork and soy sauce rice	Black rice	Black rice
	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1
	Stir-fried hamburg kimchi lo	Grilled Spam lo	Stir-fried pork lo	fried chicken 15	Braised pork quail eggs 1.lo	Mini pork cutletlo	Grilled Smokeham lo
	Stir-fried mushroom ham lo	Soft tofu	Stir-fried potatoes	Chives with fresh kimchi	Stir-fried broccoli	seasoned mukju	Boiled dumpling lo
	Radish seaweed with vinegar	Braised black beans	Pickled sesame leaves	grape juice	Fresh radish kimchi	laver	Braised burdock
	vegetable salad	vegetable salad	vegetable salad	vegetable salad	vegetable salad	vegetable salad	vegetable salad
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	
Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6	
Lunch	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice
	Tofu soup	Soybean Paste Soup	Spicy bean sprout soup	Udon soup	Seaweed soup	Kimchi soup	bean sprout soup
	curry with rice lo	Stir-fried pork with bean sprouts lo	Grilled mackerel with curry 7	Rice with soft tofu lo	Braised Spicy Chicken	Hamburg steak lo	Stir-fried soy sauce pork lo
	Braised meatballs lo	fried spring rolls	Mixed dumplings	Fried sweet and sour pork lo	Fried sweet potato carrots	braised radish	Kimchi mixed noodles
	Seaweed salad	Blanched cauliflower	Sweet pumpkin salad	Seasoned crab meat with bean sprouts	Seasoned kelp with vinegar	radish and bean sprouts	Stir-fried fish cake
	Pickled radish	Seasoned dried fish	Stir-fried seaweed stem	Seasoned dried radish	Braised burdock	Braised lotus root	Vegetable fresh kimchi
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
	Plum tea	Plum tea	crispy rice crust	Lemon tea	mixed grains		
Dinner	광복절	Kimchi fried rice * Fried egg lo	pork cutlet jjolmyeon lo	Flying fish roe rice	Egg ramen		
		Takokayki	Yogurt	Apple juice	hot dog lo		
Dessert	Black rice	Black rice	Black rice	Rice with bean sproutslo	Black rice	Black rice	Black rice
	Udon soup	Cold Seaweed Soup	Kimchi soup	Fish cake soup	Soybean Paste Soup	Seaweed soup	Udon soup
	Fish cutlets	Kimchi pork and rice lo	Grilled teriyaki chicken 15	Sausage Pancake lo	Seasoned meaty vegetables	Steamed monkfish	Braised sweet pumpkin chicken 15
	Vegetable spicy noodles	Rice cake and sausagelo	Mustard salad lo	Braised spicy potatoes	Warm tofu	sweet potato	Vegetable croquette
	Seasoned garlic stems	quail egg salad	Stir-fried fish cake	Fresh radish kimchi	Stir-fried mushroom crab meat	Fusili Salad	Seasoned dried radish
	Braised black beans	Braised lotus root	Stir-fried pumpkins	laver	Pickled sesame leaves	laver	Seasoned bean sprouts
cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulphite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut