



|           | 09월 26일   | 09월 27일   | 09월 28일  | 09월 29일  | 09월 30일   | 10월 01일   | 10월 02일  |  |  |
|-----------|---|---|--|--|---|---|--|--|--|
| breakfast | Seaweed soup<br>White rice* kimchi ham and rice lo<br>Fried egg 1<br>Stir-fried vegetables in Vienna lo<br>fried spring rolls<br>Green grape pudding<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | Soybean Paste Soup<br>White rice* Pork and soy sauce rice<br>Fried egg 1<br>Chicken Nuggets 15<br>Stir-fried green bean<br>Seasoned dried fish<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | dried pollack soup<br>White ric*Curry fried rice lo<br>Fried egg 1<br>Pork bulgogi lo<br>braised potatoes<br>fresh kimchi<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | bean sprouts soup<br>White rice*Vegetable ham and rice lo<br>Fried egg 1<br>Fresh Sweet and Sour Pork lo<br>Stir-fried eggplant<br>Dried radish seasoning<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | Spicy Kimchi soup<br>White rice * Oyster sauce fried rice lo<br>Fried egg 1<br>fried chicken 15<br>Stir-fried mushrooms<br>Braised black beans<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | Spicy radish soup<br>Black rice<br>Fried egg 1<br>Pork cutlet 15<br>soft tofu<br>Seasoned radish<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | Clear potato soup<br>Black rice<br>Fried egg 1<br>Mini pork cutlet lo<br>Boiled dumpling lo<br>Dried radish seasoning<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 |  |  |
|           | lunch   | Black rice<br>Seaweed soup<br>Mapa Tofu Rice lo<br>Fried sweet pumpkin with mush rooms<br>seasoned bean sprouts<br>Braised black beans<br>cabbage kimchi<br>mixed grains  | Black rice<br>Soybean Paste Soup<br>Bean sprout bulgogi lo<br>Cabbage Pancake lo<br>Stir-fried seaweed stem<br>cabbage wrap<br>cabbage kimchi<br>crispy rice crust                                 | Black rice<br>dried pollack soup<br>Kimchi hamburger lo<br>Steamed vegetable eggs<br>Stir-fried mushroom<br>Dried radish seasoning<br>cabbage kimchi<br>Plum tea   | Black rice<br>bean sprouts soup<br>Pork chops lo<br>Mixed dumplings lo<br>seasoned seaweed<br>Bracken muchim<br>cabbage kimchi<br>crispy rice crust   | Black rice<br>Spicy Kimchi soup<br>Soft tofu curry<br>Green onion meatballs lo<br>grilled vegetables<br>Pickled radish<br>cabbage kimchi<br>mixed grains                  | Black rice<br>Spicy radish soup<br>braised mackerel 7<br>Spicy chewy noodles<br>Stir-fried fish cake<br>Pickled cucumber<br>cabbage kimchi   | Black rice<br>Clear potato soup<br>Teriyaki Bulgogi lo<br>Stir-fried glass noodles with pork lo<br>Stir-fried cauliflower<br>Seasoned garlic<br>cabbage kimchi |  |
|           |   | kitchen   | Spicy stir-fried pork bibimbap 1<br>steamed dumplings lo   | Ratatouille omelet rice lo<br>Apple juice  | Anchovy noodles<br>Boiled pork lo   | Pork back-bone stew lo<br>Sweet red bean morning bread  | Chicken noodle soup 15<br>buckwheat crepe 2p   |  |  |
|           |   |   | dinner   | Black rice<br>bean sprouts soup<br>Chicken cutlet 15<br>Spicy noodles<br>Pickled cucumber<br>seasoned cabbage mustard<br>cabbage kimchi  | Black rice<br>Udon soup<br>Rice with ham and kimchi lo<br>Steamed sundae lo<br>Corn salad<br>Pickled radish<br>cabbage kimchi   | Rice with bean sprouts lo<br>Spicy Kimchi soup<br>Braised pork seasonings lo<br>Vegetable croquette<br>fresh kimchi<br>laver<br>cabbage kimchi                            | Black rice<br>Seaweed soup<br>Braised Spicy Chicken 15<br>fried spring rolls<br>Braised burdock<br>Seasoned cucumber<br>cabbage kimchi   | Black rice<br>Soybean Paste Soup<br>Fish cutlets<br>Cream sauce macaroni<br>Seasoned radish<br>Seasoned dried fish<br>cabbage kimchi                           | kimchi and rice<br>Fish Cake Soup<br>Sweet and sour dumplings lo<br>Fish cake and rice cake<br>seasoned bean sprouts<br>Dried radish seasoning<br>cabbage kimchi |

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬): 배추(중국산) 고추가루(중국산) 돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) 닭(국내산) 고등어(국내산)

계란류egg 2, 우유milk 3, 메밀buckwheat 4, 땅콩Peanut 5, 대두Soybean 6, 밀Wheat 7, 고등어Mackerel 8, 게Crab 9, 새우Shrimp 10, 돼지고기Pork 11, 복숭아Peach 12, 토마토Tomato 13, 아황산류sulphite 14, 호

두walnut 15, 닭고기chicken 16, 쇠고기beef 17, 오징어Squid 18, 조개류shellfish (굴, 전복, 홍합 등) 19, 잣pine nut