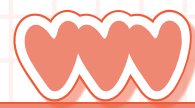


한빛캐터링
12월 19일~12월 25일

GIST's 2nd Student Restaurant Weekly Meal Table



breakfast

Lunch

코너

Dinner

	12월 19일	12월 20일	12월 21일	12월 22일	12월 23일	12월 24일	12월 25일
breakfast	Seaweed soup White rice*Kimchi ham fried rice lo Fried egg l Spicy Stir-fried Pork lo seasoned bean sprouts Pickled red pepper paste vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup White rice*Curry fried rice lo Fried egg l Chicken cutlet 15 Grilled tofu Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup White rice*Soy sauce rice with pork l o Fried egg l Roasted chicken 15 Spinach sprouts Fresh kimchi with chives vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Clear soft tofu soup White rice*Vegetable ham and rice lo Fried egg l Hamburg steak lo Fried dumplings Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Fish Cake Soup White rice*Seasoned rice with seaweed lo Fried egg l Grilled Spam lo Mini pork cutlet lo seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	clear radish soup Black rice Fried egg l Stir-fried Vienna ketchup lo braised tofu braised beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Fish Cake Soup Black rice Fried egg l Chicken cutlet 15 dumplings laver vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6
Lunch	Black rice Seaweed soup pepper cream hamburger steak lo Kimchi pancake blanched broccoli Seasoned perilla leaf cabbage kimchi crispy rice crust	Black rice bean sprouts soup Stir-fried spicy pork lo Steamed tofu Fried kimchi braised beans cabbage kimchi mixed grains	Black rice bean sprouts soup Braised pork balls lo Sausage tteokbokki lo Stir-fried zucchini Seasoned dried radish cabbage kimchi crispy rice crust	Black rice Clear soft tofu soup Spinach Pasta lo Fried mushroom tofu Stir-fried vegetable fish cake jalapeno cabbage kimchi lemon tea	Black rice Fish Cake Soup Steamed pork backbone lo croquette Crab meat angel salad Seasoned garlic stems cabbage kimchi crispy rice crust	Black rice clear radish soup Fish cutlets braised radish with shrimp Spinach sprouts tartar sauce cabbage kimchi	Black rice Fish Cake Soup Squid bulgogi lo Noodles Glazed sweet potatoes Pickled red pepper paste cabbage kimchi
코너	Kimchi stew with pork lo Apple juice	banquet noodles Fried lettuce	Pork belly stone pot bibimbap lo Okonomiyaki	Braised Spicy Chicken with Soy Sauce 15 Kimchi rice burger	Pork cutlet set meal lo		
Dinner	Black rice Mini rice noodles Stir-fried sundae and vegetables lo Fried Chili Spring Rolls Sweet potato salad Garlic baguette cabbage kimchi	Black rice Spicy Soup lo Black bean sauce lo Fried dumplings lo Seasoned cabbage with vinegar Seasoned Jjasai cabbage kimchi	Black rice udon soup Stir-fried pork lo soft tofu seasonal vegetables Braised burdock with vegetables cabbage kimchi	Black rice Red bean porridge Sesame leaf ham pancake lo Braised tofu with meat sauce lo seasoned bean sprouts fresh vegetable salad cabbage kimchi	Black rice bean sprouts soup Assorted Sweet and Sour Pork lo Stir-fried pork noodles lo seasoned crown daisy tofu Radish and fresh vegetables cabbage kimchi	Pickled radish fried rice bean sprouts soup Korean style meatball lo Kimchi mixed noodles Stir-fried mushrooms Seasoned dried radish cabbage kimchi	Black rice Kimchi Sujebi Soup Fresh Sweet and Sour Pork lo konjac mushrooms Stir-fried eggplant braised beans cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut