



	12월 26일	12월 27일	12월 28일	12월 29일	12월 30일	12월 31일	01월 01일		
breakfast	Seaweed soup White rice*Kimchi ham fried rice lo Fried egg 1 Spicy Stir-fried Pork lo fresh lettuce Pickled red pepper paste vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice*Curry fried rice lo Fried egg 1 Chicken cutlet 15 Grilled tofu Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup White rice*Soy sauce rice with pork lo Fried egg 1 Roasted chicken 15 Spinach sprouts Fresh kimchi with chives vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Clear soft tofu soup White rice*Vegetable ham and rice lo Fried egg 1 Hamburg steak lo Fried dumplings Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Fish Cake Soup White rice*Seasoned rice with seaweed lo Fried egg 1 Grilled Spam lo Mini pork cutlet lo seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	clear radish soup Black rice Fried egg 1 Stir-fried Vienna ketchup lo braised tofu braised beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	beef bone soup Black rice Fried egg 1 Chicken cutlet 15 dumplings laver vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6		
	lunch	Black rice Seaweed soup Rice with soft tofu lo vegetable pancake Mini steamed buns Seasoned dried radish cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Stir-fried zucchini and spicy pork lo Sweet potato rice cake Seasoned vegetable with vinegar cabbage wrap cabbage kimchi mixed grains	Black rice bean sprouts soup Assorted Sweet and Sour Pork lo Steamed soft tofu and eggs Fresh kimchi Seasoned perilla leaf cabbage kimchi crispy rice crust	Black rice Clear soft tofu soup Bean sprout bulgogi lo Fish cake and japchae Stir-fried zucchini Seasoned dried fish cabbage kimchi lemon tea	Black rice Fish Cake Soup Fish cutlets Braised pork tofu lo Green radish salad tartar sauce cabbage kimchi crispy rice crust	Black rice clear radish soup Hamburg steak lo Bibim vegetable dumplings lo Spinach sprouts seasoned red pepper cabbage kimchi	Black rice Beef bone rice cake soup Korean style meatball lo Popcorn chicken salad Stir-fried potato salad seasoned bean sprouts cabbage kimchi	
		kitchen	Pork galbi rice lo Hand-made meat dumplings lo	udon noodles hot dog lo	Chicken mayo rice 15 Yogurt	Radish kimchi fried rice* fried egg Bulgogi Taco lo	buckwheat noodles fried tofu sushi		
			dinner	Black rice backbone stew lo Assorted ham lo Bokchoy stir-fried pork chops 1 braised beans Noodles cabbage kimchi	Black rice cream soup Rose pork cutlet lo Spicy chewy noodles Grapefruit salad Pickled radish cabbage kimchi	Self rice balls Konjac Fish Cake Soup Steamed sundae lo Soupy tteokbokki Fried dumplings lo ried laver*Pickled radish cabbage kimchi	Seaweed rice mussel soup Braised Quail Eggs with Soy Sauce lo Macaronicon salad Spinach sprouts Chive seasoning cabbage kimchi	Black rice bean sprout kimchi soup Seasoned Chicken Bowl 15 Seasoned acorn jelly Boiled potatoes Radish salad cabbage kimchi	Black rice Seaweed soup Stir-fried kimchi pork lo soft tofu Stir-fried mushrooms braised beans cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬): 배추(중국산) 고추가루(중국산) 돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) 닭(국내산) 고등어(국내산)

1. 계란류 egg 2. 우유 milk 3. 메밀 buckwheat 4. 땅콩 Peanut 5. 대두 Soybean 6. 밀 wheat 7. 고등어 Mackerel 8. 게 Crab 9. 새우 Shrimp 10. 돼지고기 Pork 11. 복숭아 Peach 12. 토마토 Tomato 13. 아황산류 sulfite 14. 호

두 walnut 15. 닭고기 chicken 16. 쇠고기 beef 17. 오징어 Squid 18. 조개류 shellfish (굴, 전복, 홍합 등) 19. 잣 pine nut