



		02월 06일	02월 07일	02월 08일	02월 09일	02월 10일	02월 11일	02월 12일	
b r e a k f a s t		Seaweed soup White rice*Kimchi ham fried rice lo Fried egg 1 Roasted chicken 15 Spinach sprouts Seasoned dried fish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice*Curry fried rice lo Fried egg 1 Chicken cutlet 15 Grilled tofu seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup White rice*Soy sauce rice with pork 1 o Fried egg 1 Spicy Stir-fried Pork lo Boiled potatoes Fresh kimchi vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	clear radish soup White rice*Vegetable ham and rice lo Fried egg 1 Grilled pork balls lo Fried dumplings lo Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Kimchi tofu soup White rice*Seasoned rice with seaweed lo Fried egg 1 Grilled Spam lo Mini pork cutlet lo seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	clear radish soup Black rice Fried egg 1 Stir-fried Vienna ketchup lo braised tofu braised beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	udon soup Black rice Fried egg 1 Chicken cutlet 15 dumplings Seasoned dried fish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	
	L u n c h 저녁		Black rice Seaweed soup Stir-fried mushroom pork lo Fish cake japchae Fresh kimchi Seasoned dried radish cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Meat spaghetti lo Chicken cutlet salad Stir-fried zucchini jalapeno pickle cabbage kimchi mixed grains	Black rice bean sprouts soup Grilled Vegetable Pork Balls lo Cream tteokbokki lo seasoned seaweed braised beans cabbage kimchi crispy rice crust	Black rice clear radish soup curried rice lo Okonomi dumplings lo Stir-fried broccoli and ham Salary pickled radish cabbage kimchi lemon tea	Black rice Kimchi tofu soup Stir-fried spicy pork lo potato croquette laver Cabbage wrap cabbage kimchi crispy rice crust	Kimchi ham fried rice lo clear radish soup Steamed monkfish fried spring rolls Radish kimchi laver cabbage kimchi	Black rice udon soup Hamburg steaklo Jjolmyeon with vegetables Fruits salad Pickled radish cabbage kimchi
		코 너		black bean noodles lo Fried dumplings lo	Stone pot bibimbap lo sugar twisted bread stick	Pork, ham and kimchi soup lo apple juice	Pork cutlet and spicy noodles lo Yogurt	Kimchi ramen Chicken tortilla 15	
			D i n n e r		Black rice Pork backbone stew lo Stir-fried Kimchi and Hamlo Sweet potato salad seasoned red pepper Yogurt cabbage kimchi	Black rice Chicken soup 15 Steamed sausage rice cake lo Macaroni salad Stir-fried mushroom Pickled radish cabbage kimchi	Rice with bean sprouts lo Kimchi tofu soup Braised assorted soybean paste lo Sweet potato matang Seasoned dried fish marinade cabbage kimchi	Black rice udon soup Kimchi sweet and sour pork lo Steamed soft tofu egg 1 soybean paste greens Pickled cucumber cabbage kimchi	Black rice bean sprouts soup Meatball Gratin lo assorted tteokbokki lo Shrimp radish greens Seasoned sesame leaves cabbage kimchi
									Black rice Kimchi tofu soup Fried udon with oyster sauce 1 7 Chili dumplings lo Boiled potatoes Seasoned dried radish cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut