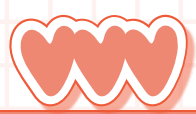




# GIST's 2nd Student Restaurant Weekly Meal Table



	04월 03일	04월 04일	04월 05일	04월 06일	04월 07일	04월 08일	04월 09일
b r e a k f a s t	Seaweed soup White rice * Kimchi fried rice lo Fried egg 1 Chicken nuggets 15 Grilled tofu vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	Soybean Paste Soup White rice * Curry fried rice lo Fried egg 1 Grilled chicken 15 Grilled chicken vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	bean sprout soup White rice * Laver seasoned ricelo Fried egg 1 Stir-fried pork lo Stir-fried potatoes vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	clear radish soup White rice * Stir-fried vegetable ham lo Fried egg 1 Grilled pork balls lo Seasoned broccoli vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	Tofu kimchi soup Fish cake soup lo Fried egg 1 Grilled Smoke Ham lo Steamed dumplings lo vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	clear radish soup Black rice Fried egg 1 Stir-fried Vienna vegetable s lo Braised tofu vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	Udon soup Black rice Fried egg 1 Chicken cutlet lo radish greens vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6
	Black rice Seaweed soup Mapa tofu over rice lo Steamed sundae lo Seasoned bean sprouts red pepper paste*sesame salt cabbage kimchi	Black rice Soybean Paste Soup Stir-fried pork with red pepper paste 1 o soft tofu Braised cabbage Ssamjang*Seasoning sauce cabbage kimchi	Black rice bean sprout soup teriyaki with pork balls lo Kimchi pancake seasoned dried fish Seasoned dried radish cabbage kimchi	Black rice clear radish soup Meat Spaghetti lo Braised black beans 15 Braised black beans Jalapineau pickle cabbage kimchi	Black rice Tofu kimchi soup Fruits sweet and sour pork lo Stir-fried Green Bean Ham Seasoned konjac vegetables Pickled radish cabbage kimchi	Black rice clear radish soup Stir-fried cabbage and pork lo Stir-fried fish cake and mus hroom Seaweed salad Seasoned dried radish cabbage kimchi	Black rice Udon soup Braised tomato meatballs lo Kimchi Bibim Noodles Pickled radish Braised black beans cabbage kimchi
	Vegetable bibimbap boiled pork lo	Nagasaki Noodles lo.17 Takokayki	pork back-bone stew lo Juicy Cool	Meatball omelet ricelo fried bread	Pork bulgogi hot pot lo Yogurt		
	Black rice Chicken soup 15 Stir-fried Vienna vegetables lo broccoli yuzu salad Braised burdock marinade cabbage kimchi	Rice with pork and bean sprouts Fish cake kimchi soup braised pork with soy sauce lo Chili spring roll laver lemon tea cabbage kimchi	Black rice Maratang with pork lo potato croquette Mexican salad lo Seasoned bean sprouts Braised black beans cabbage kimchi	Black rice Soybean Paste Soup Bulgogi with bean sprouts lo Cream tteokbokki Seasoned bean sprouts Seasoned perilla leaves cabbage kimchi	Black rice Fish cake soup Curry and rice lo Mini pork cutlet lo Seasoned bean sprouts Seasoned dried radish cabbage kimchi	Black rice Seaweed soup Seafood tteokbokki Mexican salad lo fresh kimchi seasoned garlic stems cabbage kimchi	Black rice cream soup Pork cutlet lo Steamed bean sprout fish cake cabbage greens Pickled radish cabbage kimchi



쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산). 닭(국내산) 고등어(국내산)  
계란류egg 2. 우유Milk 3. 메밀buckwheat 4. 땅콩Peanut 5. 대두Soybean 6. 밀Wheat 7. 고등어Mackerel 8. 게Crab 9. 새우Shrimp 10. 돼지고기Pork 11. 복숭아Peach 12. 토마토Tomato 13. 아황산류sulphite 14. 호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut