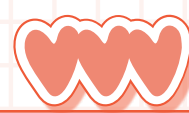


GIST's 2nd Student Restaurant Weekly Meal Table



| | 04월 10일 | 04월 11일 | 04월 12일 | 04월 13일 | 04월 14일 | 04월 15일 | 04월 16일 | | |
|---|---|---|---|---|--|--|---|--|--|
| b r e a k f a s t | Seaweed soup White rice * Kimchi fried rice lo Fried egg 1 Grilled pork balls lo Seasoned broccoli vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6 | Soybean Paste Soup White rice * Curry fried rice lo Fried egg 1 Grilled chicken 15 Grilled chicken vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6 | clear radish soup White rice * Stir-fried vegetable ham lo Fried egg 1 Stir-fried pork lo fresh kimchi vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6 | bean sprout soup White rice * Pork soy sauce rice lo Fried egg 1 Chicken nuggets 15 Grilled tofu vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6 | Tofu kimchi soup White rice * Laver seasoned ricelo Fried egg 1 Grilled Smoke Ham lo Steamed dumplings lo vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6 | clear radish soup Black rice Fried egg 1 Stir-fried Vienna vegetables lo Braised tofu vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6 | Udon soup Black rice Fried egg 1 Chicken cutlet lo radish greens vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6 | | |
| | L u n c h 저 녁 식 탁 | Black rice Seaweed soup Fish cutlets Perilla leaf pasta Seasoned dried radish Tartarus cabbage kimchi | Black rice Soybean Paste Soup Stir-fried mushroom and pork lo Fried tofu japchae fresh kimchi seasoned garlic stems cabbage kimchi | Black rice clear radish soup Rice with soybean paste lo Fried eggplant mushrooms Water parsley radish salad Braised burdock cabbage kimchi | Black rice bean sprout soup Stir-fried pork and red pepper lo Flower bread Stir-fried fish cake and vegetables braised beans cabbage kimchi | Black rice Tofu kimchi soup Stir-fried pork with oyster sauce lo soft tofu seasoned dried fish steamed cabbage cabbage kimchi | Black rice clear radish soup Black bean sauce lo Kkanpung dumplings lo Stir-fried Mushrooms Pickled radish cabbage kimchi | Black rice Udon soup fine hamburger steak lo Braised Spicy Potatoes Seasoned seaweed Pickled radish cabbage kimchi | |
| | | 코 너 | Spicy bibimbap 15 Sweet Red-bean bread | Radish kimchi fried rice lo hot dog lo | Black-bean-sauce noodles lo Meat dumplings lo | Soft tofu stew lo Juicy Cool | Ratatouille pork cutlet Cream soup * rice burger | | |
| | | | D i n n e r | Black rice chicken soup 15 Grilled mackerel 7 Sweet and sour tofu rice cake fresh kimchi Seasoned perilla leaves cabbage kimchi | Black rice Beef bone soup lo Korean style meatball lo Bread churros Braised burdock small noodles cabbage kimchi | Black rice Handmade Seaweed Soup Stir-fried soondae and vegetables lo spring roll Cobb salad Powder made of mixed grains cabbage kimchi | Black rice Fish cake soup pork with soy sauce lo Seasoned dried radish laver Seasoned dried radish cabbage kimchi | Black rice bean sprout soup Galbi-flavored meatballs lo Fish cake tteokbokki braised beans Pickled radish cabbage kimchi | Pickled radish fried rice lo Seaweed soup Mini pork cutlet lo Stir-fried Green Bean Ham lo Braised burdock Stir-fried seaweed stems cabbage kimchi |

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뺀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)
 1.계란류egg 2.우유Milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut