



	05월 01일	05월 02일	05월 03일	05월 04일	05월 05일	05월 06일	05월 07일		
b r e a k f a s t	Seaweed soup Black rice Fried egg 1 Chicken nuggets 15 Stir-fried Green Bean Ham lo vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	Soybean Paste Soup White rice * Curry fried rice lo Fried egg 1 Grilled chicken 15 Spinach greens vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	Fish cake soup White rice * Stir-fried vegetable ham lo Fried egg 1 Stir-fried pork lo fresh kimchi vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	Tofu kimchi soup White rice * Pork soy sauce rice lo Fried egg 1 Grilled pork balls lo Grilled tofu vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	bean sprout soup Black rice Fried egg 1 Grilled Smoke Ham lo Steamed dumplings lo vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	clear radish soup Black rice Fried egg 1 Stir-fried Vienna vegetables lo Green grape pudding vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6	Udon soup Black rice Fried egg 1 Chicken cutlet lo Steamed broccoli vegetable salad cabbage kimchi Cereal * milk 2.6 Toast * Jam 6		
	L u n c h e r 저 녁 식 탁	Black rice Seaweed soup Stir-fried pork lo Sweet potato matang seasoned dried radish Braised cabbage cabbage kimchi	Black rice Soybean Paste Soup Fish cutlets Hot Thai Konjac Seasoning Stir-fried zucchini Tartare cabbage kimchi	Black rice Fish cake soup Mapa tofu over rice lo potato croquette Stir-fried seaweed stems seasoned garlic stems cabbage kimchi	Black rice Tofu kimchi soup sweet and sour pork lo Spicy Tteokbokki Pickled yuzu Seasoned perilla leaves cabbage kimchi	Black rice bean sprout soup Stir-fried pork with kimchi lo soft tofu laver braised beans cabbage kimchi	Black rice clear radish soup Braised quail eggs with pork lo Steamed squid and bean sprouts 17 Stir-fried broccoli and ham lo laver cabbage kimchi	Black rice Udon soup Braised tomato meatballs lo Jjolmyeon with vegetables Macaroni salad Pickled radish cabbage kimchi	
		코 너		Soft tofu stew lo Mini steamed bun	Pork belly rice noodles lo Picnic	jjamppong soup lo Steamed dumplings lo			
			D i n n e r	Black rice Beef bone rice cake dumpling soup lo Korean style meatball lo Braised mushroom tofu with soy sauce seasoned with young radish Pickled radish cabbage kimchi	Black rice Maratang with pork lo Mini pork cutlet lo Cobb salad Seasoned bean sprouts braised beans cabbage kimchi	Black rice Chicken soup 15 Grilled mackerel 7 Cold white radish salad Spinach greens Mapa tofu over rice cabbage kimchi	Black rice Seaweed soup Seasoned chicken balls 15 Braised Shrimp Radish 9 Stir-fried Mushrooms Pickled cucumber cabbage kimchi	Black rice Soybean Paste Soup Grilled pork balls and vegetables 10 Stir-fried udon with oyster sauce seasoned cucumber cabbage Seasoned bean sprouts cabbage kimchi	Black rice Seaweed soup Stir-fried cabbage and pork lo spring roll Ssam kelp Pickled red pepper cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)
계란류egg 2.우유Milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut