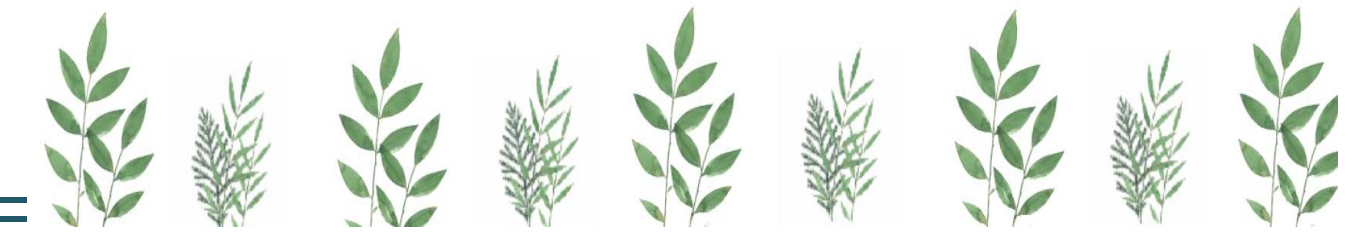




GIST 1cafeteria weekly meal plan



salad bar is always open

| ★ | 02월 28일(월) | 03월 01일(화) | 03월 02일(수) | 03월 03일(목) | 03월 04일(금) |
|-------------------------|-----------------------------------|----------------|-------------------------------|--|---------------------------|
| lunch | black rice | closed | black rice | black rice | black rice |
| | pork soybean paste stew | | pork roast*kimbab | japchae rice &jjajang sauce | pork dumpling stew |
| fried chicken | bean sprouts green onion | | homemade sweet and sour pork | chicken cutlet yurin | |
| grilled laver*soy sauce | stir-fried seaweed stem fish cake | | stir_fried broccoli mushrooms | sausage rolls | |
| pickled radish | shiraegi miso soup | | egg soup | pickled sesame leaves | |
| cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi | | |
| salad bar | green salad | | wrapped vegetables | chicory sauce | fruit |
| dinner | black rice | | black rice | black rice | black rice |
| | tofu kimchi soup | | fish cake soup | bean sprout soup | shrimp seaweed soup |
| | meatball spaghetti | | steamed chicken | stir-fried samgyeoppork kimchi | mapo tofu |
| | pork cutlet salad | | fried tofu dumplings | susage rice cake grill | steamed sundae |
| | soybean stew | | myungyeopchae uncooked | host greens | water blue uncooked |
| | pickled pepper | | vegetable pickle | grilled seaweed | seasoned red pepper |
| | cabbage kimchi | | cabbage kimchi | cabbage kimchi | cabbage kimchi |

★ country of origin ★

beef(australia)pork(korea)money backbone(korea)pork belly(denmark),mackerel(korea),kimchi(cabbage,chilli powder:china)chicken(korea)rice(korea)

★ 알레르기 유발식품 (Allergy-induced food labelling guidance) ★

①난류(egg), ②우유(milk), ③메밀(buckwheat), ④대두(soybean), ⑤땅콩(peanut), ⑥밀(wheat), ⑦새우(shrimp), ⑧돼지고기(pork), ⑨닭고기(chicken), ⑩쇠고기(beef), ⑪오징어(squid), ⑫고등어(mackerel) ⑬조개류(shellfish)⑭토마토(tomato)⑮아황산염(sulphite)